

ETHOS KIDS CALENDAR & PRAYER GUIDE

sunday	monday	tuesday	wednesday	thursday	friday	saturday
30	31 Matthew 7:24-27 Psalm 1	1 Matthew 5:1-4 Psalm 22	2 Matthew 5:5-8 Psalm 30	3 Matthew 5:9-12 Psalm 34	4 Matthew 5:13-15 Psalm 15	5 Matthew 5:17-20 Psalm 19
6 Matthew 5:21-22 Psalm 23	7 Matthew 5:23-26 Psalm 81	8 Matthew 5:27-30 Psalm 84	9 Matthew 5:31-32 Psalm 97	10 Matthew 5:33-37 Psalm 50	11 Matthew 5:38-42 Psalm 42	12 Matthew 5:43-48 Psalm 51
13 Matthew 6:1-4 Psalm 112	14 Matthew 6:5-8 Psalm 77	15 Matthew 6:9-13 Psalm 121	16 Matthew 6:14-15 Psalm 32	17 Matthew 6:16-18 Psalm 63	18 Matthew 6:19-24 Psalm 49	19 Matthew 6:25-27 Psalm 104
20 Matthew 6:28-30 Psalm 37	21 Matthew 6:31-34 Psalm 103	22 Matthew 7:1-6 Psalm 131	23 Matthew 7:7-12 Psalm 16	24 Matthew 7:13-14 Psalm 139	25 Matthew 7:15-20 Psalm 62	26 Matthew 7:21-23 Psalm 146
27 Matthew 7:24-27 Psalm 115	Our Ethos Kids Team is praying for you! Reach out if you have questions or want to share with us!					

R IS FOR RHYTHM!

5 R's To Guide Your Daily Time

REST

Sit still and be quiet for 60 seconds. Take deep breaths. Rest in how much God loves you.

REQUEST

Ask God, "Thank you for loving me. Will you speak to me as I read your Word?"

READ

Read the scripture passage slowly. If something grabs your attention, read it again!

REFLECT

Using a journal or some paper, write or draw what comes to mind as you read this scripture. Try asking these questions:

- What does this scripture teach me about God? What does this scripture teach me about myself?
- When will I need to remember this scripture today? Who can I share this scripture with today?

RESPOND

End by praying. You can talk to God about anything! If you need some ideas of what to pray, try talking to God about:

- How thankful you are that God is so good and loving
- Things that are making you sad, scared, or angry.
- The church in Nashville
- People you know that don't yet know how much God loves them.