

## Bible reading plan

Monday, 1/31	Matthew 7:24-27, Psalm 1
Tuesday, 2/1	Matthew 5:1-4, Psalm 22
Wednesday, 2/2	Matthew 5:5-8, Psalm 30
Thursday, 2/3	Matthew 5:9-12, Psalm 34
Friday, 2/4	Matthew 5:13-16, Psalm 15
Saturday, 2/5	Matthew 5:17-20, Psalm 19
Sunday, 2/6	Matthew 5:21-22, Psalm 23
Monday, 2/7	Matthew 5:23-26, Psalm 81
Tuesday, 2/8	Matthew 5:27-30, Psalm 84
Wednesday, 2/9	Matthew 5:31-32, Psalm 97
Thursday, 2/10	Matthew 5:33-37, Psalm 50
Friday, 2/11	Matthew 5:38-42, Psalm 42
Saturday, 2/12	Matthew 5:43-48, Psalm 51
Sunday, 2/13	Matthew 6:1-4, Psalm 112
Monday, 2/14	Matthew 6:5-8, Psalm 77
Tuesday, 2/15	Matthew 6:9-13, Psalm 121
Wednesday, 2/16	Matthew 6:14-15, Psalm 32
Thursday, 2/17	Matthew 6:16-18, Psalm 63
Friday, 2/18	Matthew 6:19-24, Psalm 49
Saturday, 2/19	Matthew 6:25-27, Psalm 104
Sunday, 2/20	Matthew 6:28-30, Psalm 37
Monday, 2/21	Matthew 6:31-34, Psalm 103
Tuesday, 2/22	Matthew 7:1-6, Psalm 131
Wednesday, 2/23	Matthew 7:7-12, Psalm 16
Thursday, 2/24	Matthew 7:13-14, Psalm 139
Friday, 2/25	Matthew 7:15-20, Psalm 62
Saturday, 2/26	Matthew 7:21-23, Psalm 146
Sunday, 2/27	Matthew 7:24-27, Psalm 115



Find the full Awaken schedule, resources, encouragement,  
and more at [ethoschurch.org/awaken](https://ethoschurch.org/awaken).

**awaken us.**

awaken us.

A MONTH LONG JOURNEY  
OF PRAYER & FASTING

start here.

## what do I need to know?

### What is Awaken?

Awaken is a month long season of prayer and fasting focused on calling our church family deeper as we seek the heart of God together.

### When is it?

Monday, January 31st – Sunday, February 27th

### Where is it?

Details for in person and online gatherings can be found at [ethoschurch.org/awaken](https://ethoschurch.org/awaken).

### How can I participate?

Simply follow the instructions provided in this guide.

## before the fast begins

Take these steps anytime before January 31st.

### 1. Read “How To Choose a Fast” PDF.

Take 15 minutes to read “How to Choose a Fast.” You can find the PDF at [ethoschurch.org/awaken](https://ethoschurch.org/awaken).

### 2. Decide how you will fast.

After you have read the PDF, set aside time to ask God how He would have you fast throughout the month.

### 3. Prepare.

Finally, set aside some time to prepare your mind, body, heart, and community for this month long journey. You can find a variety of resources to help you prepare at [ethoschurch.org/awaken](https://ethoschurch.org/awaken).

## during the fast

Monday, January 31st – Sunday, February 27th

### 1. Set your heart on God each day.

Use the Bible Reading Plan and Daily Reflection Questions located in this guide to help you focus your heart on God through prayer each day.

### 2. Join the Daily Prayer Calls.

Gather with others online each day at 6:30am and 9pm, Monday through Friday throughout the fast, for a time of prayer, encouragement, and support. You can find the Zoom link for the Daily Prayer Calls at [ethoschurch.org/awaken](https://ethoschurch.org/awaken).

### 3. Mark your calendar.

There will be a variety of special opportunities to gather with others for prayer, worship, and celebration throughout the month. See the full schedule, mark your calendar, and make plans to join us!



engage online.

SCAN THE QR CODE ON YOUR  
MOBILE DEVICE FOR MORE.

## Bible reading plan

The Bible Reading Plan is listed on the back of this guide and is also available online.

## daily reflection questions

After reading the daily Bible reading, use the following questions to engage with what you read.

1. What does today's reading reveal about God?
2. What does it reveal about you?
3. What is the Holy Spirit leading you to do with what you read?
4. Who needs to hear what you've learned?