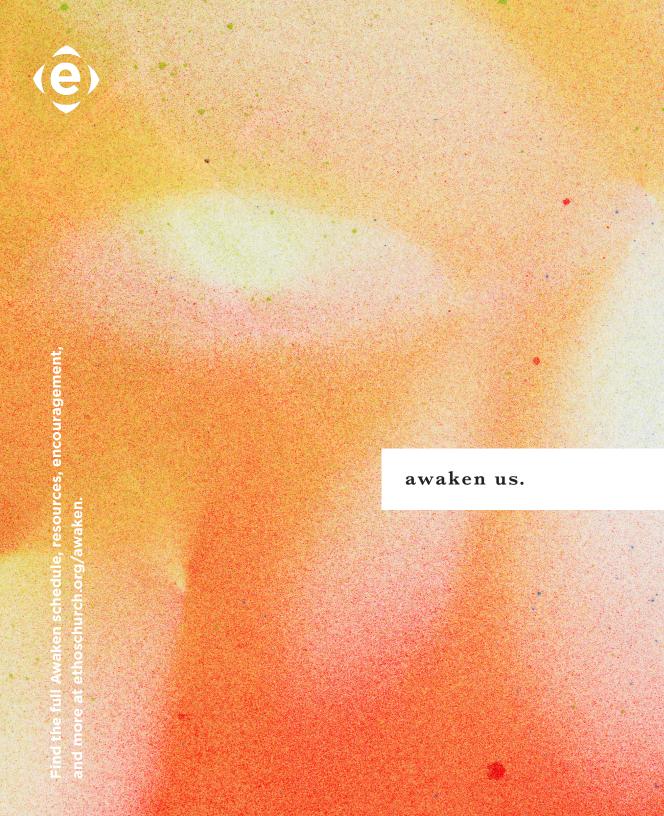
Bible reading plan

Monday, 1/31 Matthew 7:24-27, Psalm 1 Tuesday, 2/1 Matthew 5:1-4, Psalm 22 Wednesday, 2/2 Matthew 5:5-8, Psalm 30 Thursday, 2/3 Matthew 5:9-12, Psalm 34 Friday, 2/4 Matthew 5:13-16, Psalm 15 Saturday, 2/5 Matthew 5:17-20, Psalm 19 Sunday, 2/6 Matthew 5:21-22, Psalm 23 Monday, 2/7 Matthew 5:23-26, Psalm 81 Tuesday, 2/8 Matthew 5:27-30, Psalm 84 Wednesday, 2/9 Matthew 5:31-32, Psalm 97 Thursday, 2/10 Matthew 5:33-37, Psalm 50 Friday, 2/11 Matthew 5:38-42, Psalm 42 Saturday, 2/12 Matthew 5:43-48, Psalm 51 **Sunday, 2/13** Matthew 6:1-4, Psalm 112 Monday, 2/14 Matthew 6:5-8, Psalm 77 Tuesday, 2/15 Matthew 6:9-13, Psalm 121 Wednesday, 2/16 Matthew 6:14-15, Psalm 32 Thursday, 2/17 Matthew 6:16-18, Psalm 63 Friday, 2/18 Matthew 6:19-24, Psalm 49 Matthew 6:25-27, Psalm 104 Saturday, 2/19 **Sunday, 2/20** Matthew 6:28-30, Psalm 37 Monday, 2/21 Matthew 6:31-34, Psalm 103 Tuesday, 2/22 Matthew 7:1-6, Psalm 131 Wednesday, 2/23 Matthew 7:7-12, Psalm 16 Thursday, 2/24 Matthew 7:13-14, Psalm 139 Friday, 2/25 Matthew 7:15-20, Psalm 62 Saturday, 2/26 Matthew 7:21-23, Psalm 146 **Sunday, 2/27** Matthew 7:24-27, Psalm 115



awaken us.

A MONTH LONG JOURNEY OF PRAYER & FASTING

start here.

what do I need to know?

What is Awaken?

Awaken is a month long season of prayer and fasting focused on calling our church family deeper as we seek the heart of God together.

When is it?

Monday, January 31st - Sunday, February 27th

Where is it?

Details for in person and online gatherings can be found at ethoschurch.org/awaken.

How can I participate?

Simply follow the instructions provided in this guide.

before the fast begins

Take these steps anytime before January 31st.

1. Read "How To Choose a Fast" PDF.

Take 15 minutes to read "How to Choose a Fast." You can find the PDF at ethoschurch.org/awaken.

2. Decide how you will fast.

After you have read the PDF, set aside time to ask God how He would have you fast throughout the month.

3. Prepare.

Finally, set aside some time to prepare your mind, body, heart, and community for this month long journey. You can find a variety of resources to help you prepare at ethoschurch.org/awaken.

during the fast

Monday, January 31st - Sunday, February 27th

1. Set your heart on God each day.

Use the Bible Reading Plan and Daily Reflection Questions located in this guide to help you focus your heart on God through prayer each day.

2. Join the Daily Prayer Calls.

Gather with others online each day at 6:30am and 9pm, Monday through Friday throughout the fast, for a time of prayer, encouragement, and support. You can find the Zoom link for the Daily Prayer Calls at ethoschurch.org/awaken.

3. Mark your calendar.

There will be a variety of special opportunities to gather with others for prayer, worship, and celebration throughout the month. See the full schedule, mark your calendar, and make plans to join us!



engage online.

SCAN THE QR CODE ON YOUR

MOBILE DEVICE FOR MORE.

Bible reading plan

The Bible Reading Plan is listed on the back of this guide and is also available online.

daily reflection questions

After reading the daily Bible reading, use the following questions to engage with what you read.

- 1. What does today's reading reveal about God?
- 2. What does it reveal about you?
- 3. What is the Holy Spirit leading you to do with what you read?
- 4. Who needs to hear what you've learned?