

an interactive prayer walk

Welcome! We're so glad you're here. We hope these guided prayer stations will give you an opportunity to meet with the Lord in a special way. Take 5 or so minutes to work through each prayer station.

Each prayer station has a scripture(s) to be read and a theme in the **CONSIDER** section. This section also has practical instructions to follow as you think about the scripture and theme, often using items to help understand the topic. At the end of your time at each station, there is a **PRAY** section with specific things to pray or prompts to inquire of the Lord. Some are vague and some have specific wording for you. They are just a guide or an outline to help you. Please pray as you feel led and in wording that is comfortable for you.

We hope that you encounter God today. His heart is to commune with you.

for meditation before you begin

Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, for through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see—such as thrones, kingdoms, rulers, and authorities in the unseen world. Everything was created through him and for him. He existed before anything else and he holds all creation together. Christ is also the head of the church, which is his body. He is the beginning, supreme over all who rise from the dead. So, he is first in everything! For God in all his fullness was pleased to live in Christ, and through him God reconciled everything to himself.

He made peace with everything in heaven and on earth by means of Christ's blood on the cross. Colossians 1:15–20

Special thanks to Annie Mooney at Dallas Bible for allowing us to use and modify her original prayer stations.

confession & repentance

Supplies needed: small scraps of paper and pen/pencil

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 JOHN 1:9

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

ACTS 3:19

consider

Our sins—both the wrong we've done and the right we've NOT done—are like outstanding debts, overdrawn charges in our spiritual bank account. Jesus offers to mark them cancelled because His death paid off their balance. If you feel stuck in shame or sin, use the paper to write them down in an act of confession and acknowledgement that there are wrongs that you carry.

As you feel led to, begin to shred the paper and sprinkle it in the trash. If you feel stuck in bitterness or unforgiveness toward another person, consider tallying up the debt they owe you on the paper, and let it go proclaiming forgiveness. Ask him to meet you in this place of confession, repentance and releasing judgment before you proceed. Pause and wait for his response or truth for you. Receive his forgiveness that comes with placing sin in the light before him.

pray

Generous and merciful God, you have promised me that you have cancelled my debt of sin, but you also offer faithfulness, justice and cleansing too. (1 John 1:9) Wash me thoroughly and remove all the filth of sin. Your kindnesses are overwhelming.

communion

Supplies needed: communion elements (bread and juice/wine)

For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as your drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

C O R I N T H I A N S 1 1 : 2 3 - 2 6

consider

As you take the cup and bread, pause and remember him. Remember how he came to earth and made himself low. Remember his glory humbly displayed in his servant leadership that was at once full of the miraculous yet able to see the most despised and welcome them in. Remember how he took the cross and broke himself open for us. Remember how he conquered death, rose, and is seated at the right hand of the Father. Remember that he is coming again.

pray

Jesus when I remember you, I remember to worship. I worship you for who you were, who you are and who you will be. I remember your sacrifice and I remember that you are coming again. Make me hunger and thirst to commune with you always. I want to be filled by you.

family tree

Supplies needed: pen/pencil and Family Tree card

...that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge...

E P H E S I A N S 3 : 1 7 - 1 9

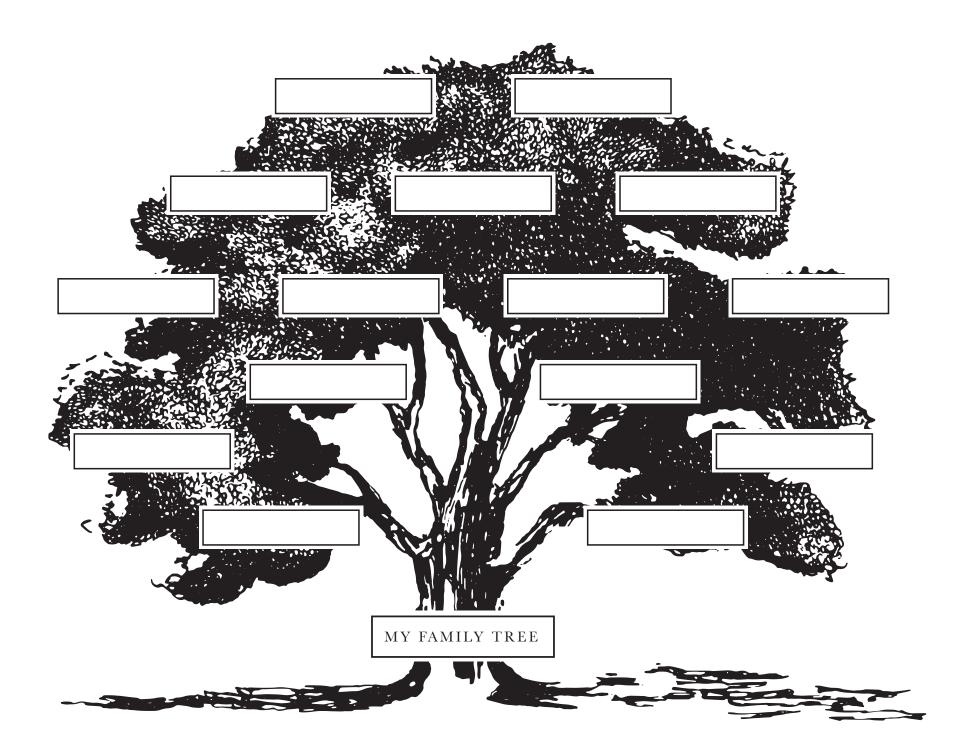
consider

God, in his infinite goodness, has given you a family and a desire for the love that he intended you know from those we are connected too. For some of us, our earthly family (mom, dad, siblings, grandparents, cousins, etc.) is a great source of support and care. For some of us, our earthly family has disappointed and hurt us. For most of us, we can acknowledge both healthy and unhealthy places in our generational lines. God also gives us a spiritual family – those who don't carry our DNA but they feel like family and fill the needs in our heart for love and connection.

Take a moment and consider who is in your family? Both generational and spiritual. Who are you closest to? Who are your people? Begin to ask the Lord to make space in your "family" for one more who you may not know yet -for someone who needs to be a part of your family and the family of God? Ask the Lord to stir your heart for someone who is spiritually orphaned, lost and alone. Begin to write the names of your family, your "people" on the branches of the tree, leaving one branch blank for a new family member who you will intercede for beginning today.

pray

Take a moment and ask the Lord for his heart for each member of your family tree. Pray over each one in partnership with him, and for the unknown family member represented by the blank branch on your tree. Pray scripture, blessing, protection and that they each would be awakened to who God is in fresh ways.



ethos family

Supplies needed: paper, pen/pencil, card and envelope (optional)

Devote yourselves to prayer, being watchful and thankful. COLOSSIANS 4:2

consider

Take a moment and consider our Ethos family, scattered and yet connected in this current season. Pray for the people who God brings to mind as you wait and listen. Write a few names of people in our church family on your piece of paper. As you pray, trust what the Lord puts on your heart and pray in faith for the person!

Consider writing a postcard to someone you know in our church family, letting them know that they were prayed for today and interceded for. Ask the Lord to give you any positive insights, scripture or encouragement to share. Mail your card!

pray

Pray for our Ethos family as a whole and for individuals who the Lord brings to mind. Pray from a place of being watchful over our church family and thankful for the many people who make up the family. Pray for deeper relationship with the Lord, for unity, for vision, and that the members of our family walk devoted to Christ, led by his Spirit.

pray for the nations

Supplies needed: Birthday Poster with Onward Global Partners

All the ends of the earth will remember and turn to the Lord, and all the families of the nations will bow down before him, for dominion belongs to the Lord and he rules over the nations.

P S A L M 2 2 : 2 7 - 2 8

consider

We are connected to the body of Christ not just at Ethos but also across the globe. Our family is diverse and beautiful. Take time to pray for various countries across the world and spend some time specifically covering our global Onward partners, their families, cities and countries. (See the poster on the next page of this pdf)

pray

Father God, I pause to intentionally remember my brothers and sisters in other countries. I pray that they are strengthened in their faith, that you show them favor and protection, and that they know your love in greater measure. I pray for those who are persecuted and for those who are spreading the good news of who you are in difficult places. I pray that those who are lost find you and that your kingdom grows and flourishes. Let your light push back the darkness and build your church in these countries. I pray for a harvest of souls and for righteousness to reign.



MACEDONIA



Sasha and Marija Vuletic have three children: Tamara (23), Luka (15), and Naomi (12). Sasha was born in Skopje, Macedonia, but moved to Worms, Germany with his parents when he was in the first grade. It was in Germany that he met the Lord and became a follower of Jesus in 1981. He later moved back in Skopje and met his wife, Marija, and they have faithfully served Jesus together ever since.

Sasha and Marija have helped to start two church planting movements, over 30 churches in Macedonia, and a leadership school discipling and training pastors all across the Balkan nations. Sasha serves as a spiritual father to the majority of pastors in and around Macedonia.

The majority of people in Macedonia are not Christians. The capital city of Skopje only has about 15 local churches, each with an average attendance of 20-30 believers (for comparison, Nashville has over 500 area churches). The Vuletics' vision is to plant many more churches in their country and the surrounding Balkan nations, so that more people can come to know Jesus and be discipled through the local church.

OUR OFFERING WILL GO TOWARDS

- + Planting a new church
- + Transportation (Visiting churches, pastoral ministry, serving the poor)
- + Office space for two years (Church planting & pastoral ministry)



Piyas and Sharbani Dey, along with their son Pushpam, have a heart to see India transformed by the power and love of Jesus Christ. Piyas was born and brought up in a Christian family in the remote village of Uluberia in West Bengal, India. His father was kicked out of his house for becoming a Christian, but despite immense torture and persecution, he never compromised his faith. Following in his father's footsteps, Piyas accepted Christ in 1989. Several years later, he sensed Jesus calling him into full time ministry. During his morning devotionals, he was reading Isaiah 49:6, "I will make you a light for the Gentiles that you may bring salvation to the ends of the Earth," when he heard God ask him to give his life to serving people in ministry. Piyas enrolled in seminary that same year.

Upon graduating seminary in 1997, he served as a pastor and worked with a nonprofit in India. Despite his success, Piyas sensed that God was calling his family to leave their comfort zone to start planting churches and caring for the poor. While it was an incredibly difficult decision, they decided to be obedient, and have been working in this new calling since 2010.



INDIA

Besides being a Senior Pastor and church planter, Piyas has founded a nonprofit that serves the poor, broken, and hurting people of India and leads them to Jesus. His ministry has included starting nine Ethos churches, three schools, five vocational training centers, and two orphanages!

GIVING WILL GO TOWARDS

- + Supporting nine churches and staff
- + Providing food for 640 underprivileged children daily
- + Sending 600 kids to school

James and his wife Janet Odong Piny have six children. He has been a pastor for almost 25 years, planting 15 thriving churches in the past 10 years. He is passionate about making disciples and raising up Godly leaders to advance the Gospel in every village of Uganda. Through making disciples and planting churches, he has learned to trust the Lord completely, seeing His faithfulness over and over again.

James discovered his passion for teaching and discipleship by going to new villages and raising up leaders to start their own churches. Ethos and Onward Church Planting have partnered with James over the past three years, helping train over 1000 African pastors in villages of Northern Uganda and Kenya. James is currently planting a new Ethos church in Lira, Uganda.

GIVING WILL GO TOWARDS

- + Motorcycle Provide transportation to visit churches and plant new ones
- + Generator For the newest Ethos Church planted in Lira
- + Supplies for the new church- Instruments, rent

Patrick and Doreen ("Dee") Muhereza, with their son GZ, live in Kampala, Uganda, also known as the "Pearl of Africa."

When Patrick and Dee felt the Lord calling them to plant a church about 5 years ago, they were afraid of what the future would hold if they obeyed God. However, once they were connected to Ethos and Onward, they felt their dream was reignited. Patrick and Dee went through Onward's Global Cohort and began their journey in planting churches.

They began with the focus of reaching people who had stepped away from Jesus, specifically in the capital city of Kampala, and have been very successful. They have already reached many people and have outgrown the coffee shop they originally met in. Their prayer is that they would grow to 30 churches in the next ten years, and they can't wait to see what Jesus will do in Kampala and beyond!

UGANDA



AMOUNT NEEDED: \$7,350



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GIVING WILL GO TOWARDS +Supporting Vive Church, which launched on September 9, 2019

Thomas and Nancy Njoroge have 3 daughters: Earlyn (13 yrs), Erika (8 yrs) and Ellenor (1 yr). Thomas was born in Nairobi, Kenya to a polygamous family of twenty children. He gave his life to Jesus in 1996 at the age of 21, and two years later felt God calling him to be a pastor.

Thomas and Nancy have felt the Lord leading them to serve in the neighborhood that Thomas grew up in called the Eastlands, which is an area known for drugs, gangs, alcohol, sexual immorality, school dropouts, and theft. Five years ago, they planted a church in the heart of the city called Evergreen Church. Since its conception, they have seen many people accept Jesus, become disciples, and receive healing.

Even though they had seen God do incredible things through their church, Thomas knew there were millions more unreached people in his city and longed for revival. Thomas joined the Onward family during the first Global Cohort in early 2019, and believes his partnership with Onward and Ethos will be the catalyst for the dreams God has put on his heart.

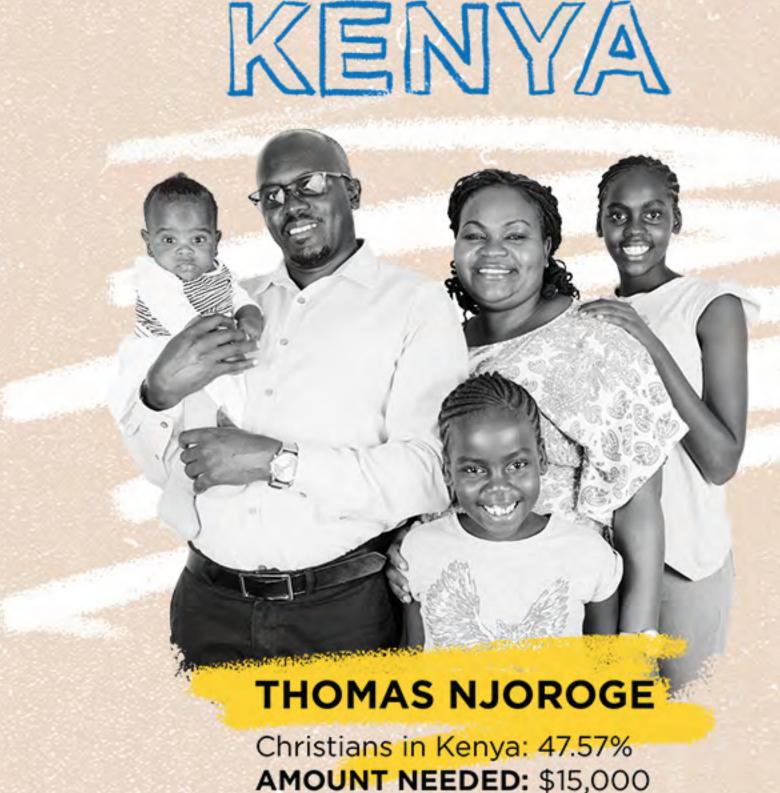
GIVING WILL GO TOWARDS

+ Sound system for worship and community outreach
+ Repairs of church property

+ Pastoral Support

Mads and Elisabeth Fredskilde have two children: David and Rebekka. Mads was born in Denmark and became a disciple of Jesus in New York City in 1995. Since then, their family has had the privilege of being used by God in many different countries and contexts all over the world. They began their ministry pastoring a small church in Copenhagen, until God called them to ministry in Quito, Ecuador. In Quito, they served on staff at a local church and started a college campus ministry from scratch. After being there for several years, they felt God calling

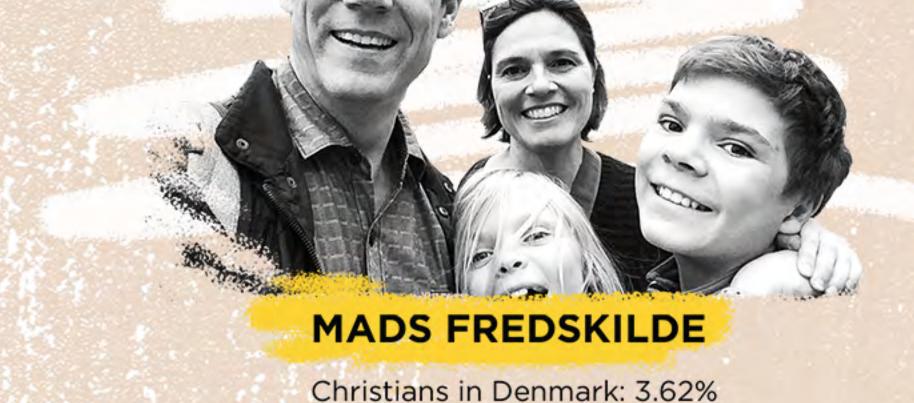
ministry from scratch. After being there for several years, they felt God calling them back to Copenhagen to plant a church in their own neighborhood.



DENMARK







Many people in Denmark have never even heard the name of Jesus, and Mads and Elisabeth feel the call to share the Gospel with them. They have a heart to disciple people like Jesus did — by walking with them in relationship through the ins and outs of life. Though the soil is hard in Copenhagen, they are already seeing much fruit in their bible studies, discipling relationships, and community events.

GIVING WILL GO TOWARDS + Community outreach events

PORTUGAL

ANDRE PRIM

Christians in Portugal: 3.36%

No funds are currently needed.

AMOUNT NEEDED: \$1,660

Andre and Eunice Prim, along with their newborn son Martin, lead V21 Church in downtown Lisbon, Portugal. Andre originally came to Nashville to be trained as a vocal coach for some of Portugal's top musicians. While living here, he was invited to Ethos and soon after, came to know the Lord. He was very quickly burdened for the 96.6% of people in his country who don't know the Lord, and decided to go through Onward's church planter training in Nashville and move back to Portugal to plant V21. Their heart behind the church is to find those who are far from God and bring them closer to Him. V21's mission might sound familiar to you... they exist to love God, love people and awaken a movement. Their vision is to build local communities where people can belong before they believe.

> TOTAL GOAL \$116,000

worship through art

Supplies needed: paper and art supplies (markers, pencils, paints, crayons, etc.)

Ascribe to the Lord the glory due his name; bring an offering and come before him. Worship the Lord in the splendor of his holiness.

 $1 \quad C H R O N I C L E S \quad 1 \ 6 : 2 \ 9$

consider

Pause and consider the vast creativity that God holds and commands. Every color, every word, every beauty in nature, every animal, flower, tree or fish. Consider the work of his hands in the creation of human beings and richness of his Word given to us in Scripture. He made you in his image and you too carry creativity and a desire to create. As an intentional act of worship, take some moments and create with the supplies at this station.

There are many ways to worship through art and you are encouraged to do whatever you feel led to do in these moments. You can draw a picture depicting scripture, sketch aspects of God's personality, color scripture pages or write your worship creatively. We were made to both worship and create and often we don't take the time to explore all that God has given us in both. Feel free to take your picture or display it to share with others. Being a "good" artist is not a pre-requisite. God sees the heart and is most interested in your offering.

pray

God, make me an instrument of worship. May my worship not be confined to a time, place or method – but make my worship to you overflow in all aspects of who I am. Stretch me in any place where my worship feels mundane or stifled. I want to worship from my whole heart in every way that you designed. You deserve all praise, glory and adoration. I ascribe glory to your name.

buried to life

Supplies needed: dirt (or go outside!) and seeds

Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. JOHN 12:24

He himself bore our sins in his body on the cross, so that we might die to sin and live for righteousness; for by his wounds, you were healed. 1 PETER 2:24

consider

Take some moments to think about what Christ's death on the cross, resurrection and ascension has secured for you. As you ponder the scripture passages above, confess to God any place where "dying to your old nature of sin" seems scary or unknown. Ask the Lord to reveal to you the spiritual truth of "dying to self" to gain new life and in order to produce lasting and good fruit. If you feel led to do so, take a seed and bury it in the dirt as a symbol of recommitment to God in the area of spiritually "laying down your life" in order to live fully and bear fruit in God's kingdom. Confess places of selfishness, pride, greed, and jealousy – all things that would attempt to block the "new life" in Christ. Even seasoned Christians need a recommitment of faith and obedience in the area of selflessness and submission to God.

pray

Spend some time in prayer allowing God to search your heart for any places that would prevent you from being like the seed buried to life in Christ. Ask him to reveal any areas that would not want to die to sin. Ask him to show you practical places where you can "lay your life down" in service and humility for your friends, family and those who you interact with regularly.

humble service, heavenly mindset

Supplies needed: mirror and dry erase marker

I do not consider my life of any account as dear to myself, so that I may finish my course and the ministry to which I received from the Lord Jesus, to testify solemnly of the gospel of the grace of God.

ACTS 20:24

consider

Look at yourself in the mirror and pause and ask God how he would like you to be his servant. Read the following from Wesley's Covenant:

"Commit your selves to Christ as his servants. Give yourselves to him, that you may belong to him. Christ has many services to be done. Some are more easy and honorable; others are more difficult and disgraceful. Some are suitable to our inclinations and interests, others are contrary to both. In some we may please Christ and please ourselves. But then there are other works where we cannot please Christ except by

denying ourselves."

As you consider the call to humble service as followers of Jesus, write the areas on the mirror where the Lord wants you to serve. When you're finished, please wipe the mirror clean for the next participant.

pray

Lord, let me your servant and be under your command. I will no longer be my own. I will give myself up to your will in all things.

slumber to awaken

No supplies needed.

Everyone kept feeling a sense of awe; and many wonders and signs were taking place through the apostles. And all those who had believed were together and had all things in common; and they began selling their property and possessions and were sharing with them all, as anyone might have need. Day by day continuing with one mind in the temple, and breaking bread from house to house, they were taking their meals together with gladness and sincerity of heart, praising God and having favor with all the people. And the Lord was adding to their number day by day those were being saved.

A C T S 2:43-47

consider

We should read this account of the early church and long for every good thing cited there. We have become sleepy, especially in this last season, and have been so consumed by the narrative of the world that we have lost pieces of who we are and who we are supposed to be as the church. We must be awake in the Lord to even desire the things in Acts chapter 2. We are easily distracted, easily hopeless and easily subdued into slumber. But God is calling the church to wake up! He is calling you. We encourage you to pause for a few moments as a sign of your commitment to awaken to the things of God.

pray

Lord, open my eyes and awaken my heart to be led by your Spirit. I want to hunger for the things that please you and I long for a church who looks like you. Show me the places where I'm sleepy. Revive my heart to see things as you do. Wake me up Lord!!